

Brown

Step to the right

11. LH Block w/
RH Block - chop to the neck (quickly)
Rotate 180 to the right, w/ elbow punch to stomach
throw, follow-up w/ open palm

TAKE-DOWN

12. LH Block w/ RH chop to the neck simultaneously
Grab w/ both hands and flip to ground.
Follow-up with RL kick, then RH punch to face.

13. LH Block w/ RH punch simultaneously.
LH, fast to RH palm strike to face.
RH grab hand, LH to neck. LL step forward and trip. Keep holding
w/ RH. Another step forward. LH punch to the face.

Red

TO HOLD HAND PULLING

14. LH Block w/ RH paring. LL in w/ RH elbow to stomach
RL over, flip from upper leg. Follow-up w/ RH chop.

15. RL half step back, LL straighten forward, RH knife block
and grab hands. RL kick/trip, follow-up w/ LH reverse
chop, follow-up w/ RH chop.

16. STEP TO THE LEFT. RH Block, LH punch.
Grab w/ both hands. Twist and bring to ground.
RL kick, follow-up RL side-kick to face.

Black-white

17. LH Punch, RH Block
LH grab hand, LL step-in, rotate, kneel on left knee,
RH sweep leg, follow w/ RH chop
18. LH Punch, RH Block
LH shoulder down. Grab hand w/ RH
R knee in stomach
LL sweep leg (close to knee) Takedown. Hold w/ RH
Step over. RL soccer kick to face
LL break arm.
Let go hand. RH punch
19. LH Punch, RH Block
LH pull collar back, LL sweep leg/knee forward
LH hold hand, RH chop
20. RL step back.
LH parrying, RH parrying. Hold hand w/ RH
Double-kick: LL to knee, RL Roundhouse, takedown, step over
R knee to head.
21. RL step back
LL block/parrying incoming punch
L knee down, both hands on floor
RL sweep, then kick stomach, kick head